

HORA	MODALIDAD	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
10:00	FUNCIONAL	D-CROSS		D-DROP		D-STRONG	D-CROSS
11:00	FUNCIONAL	D-STRONG		D-BUM		D-CROSS	D-STRONG
16:30	FUNCIONAL	D-CROSS	D-LITE	D-STRONG	D-LITE	D-DROP	
	ACRO				D-SWING		
17:30	FUNCIONAL	PILATES	D-BUM		D-CROSS	D-STRONG	
	ACRO			D-FLIP			
18:30	FUNCIONAL	D-STRONG	D-CROSS	D-DROP	YOGA	D-CROSS	
	ACRO	D-SWING					
19:30	FUNCIONAL	D-DROP	D-STRONG	PILATES	D-BUM		
20:30	FUNCIONAL	YOGA	D-CROSS	D-CROSS	D-STRONG		
	ACRO		D-FLIP				